



MONDAY 27TH MAY

AUDITORIUM

8.30 - 9.00H - CONGRESS CHECK-IN
9.00 - 10.00H - Mobile Apps and new technologies can help patients and clinicians (advantages vs ethical issues)
Nightmare to dreams: The timeline of technology
The power of a digital community of medical doctors
Follow-up of AS patients using WhatsApp
10.00 - 11.00H - Ambulatory Surgery in the world
Ambulatory Surgery in China before and after 2017
Africa and Latin America vs USA and Northern Europe (two sides of the same coin)
Portugal - 10 years after the CNADCA Report (The impact of Major National policies in the development of AS)
COFFEE BREAK
11.30 - 12.30H - NICOLL LECTURE
12.30 - 13.00H - OPENING CEREMONY

	ROOM 1	ROOM 2	ROOM 3
	<i>LUNCH</i>		
14.30 - 15.30H - New insights on head and neck procedures	14.30 - 15.45H - Hernia Session – State of the art	14.30 - 17.00H WORKSHOP - “Advanced use of the LMA”	14.30 - 15.30H – Invited Country (India) Guest Lecture
Video assisted thyroidectomy in AS	Recent advances in Inguinal hernia repair		Minimally invasive lumbar intervertebral discectomy performed as a day care procedure under spinal anaesthesia
ENT procedures in AS – are we pushing too far or can we go further ahead?	Ventral and incisional Hernias – what’s the best strategy for the management of postoperative pain?		Newer advances – drugs and techniques for regional anaesthesia in ambulatory surgery
Dealing with the predictable Difficult Airway in AS	Hiatus hernia repair – strategies for AS		Combining day surgery with Home care for improving patient care and to reduce re-admission rate
	Pediatric inguinal hernia repair		Surgical treatment of diabetic foot in AS
15.30 - 16.00H - Simposium - Neuromuscular Blockade Management in Ambulatory Surgery	15.45 - 17.00H - Innovation in the surgical treatment of Pelvic Floor disorders		FREE PAPER SESSION (Management & Nursing)
16.00 - 17.00H - Recent advances in endoscopic surgery	Minimally invasive surgery of rectal prolapse		
Laparoscopic hemicolectomy – is it feasible in the AS setting?	Minimally invasive surgery for anterior compartment prolapses		
Thoracoscopic procedures in AS - is one lung ventilation a major problem?	Recent advances in Robotic prostatic surgery		
Pediatric laparoscopic surgery in AS – the experienced scrub nurse is vital!	When postoperative pelvic pain becomes a problem		
	<i>COFFEE BREAK</i>		
17.30 - 18.30H - The obese patient in AS	17.30 - 18.30H - Locoregional anesthesia in AS	17.30 - 18.30H Symposium : Surgical Empowerment in the Ambulatory Setting	FREE PAPER SESSION (Management & Nursing)
No patient too large?	Thoracic Wall: Peripheral Nerve Blocks are safe and easy!		
Surgical strategies feasible in AS	PNB for children? Of course!		
Patient education for obesity procedures: Role of nurses	Block rooms and Nurses are crucial to a successful peripheral nerve block		

TUESDAY 28TH MAY

AUDITORIUM

ROOM 1

9.00 - 10.00H - <i>Organizational aspects important to local AS policies</i>	09.00 - 10.00H - <i>Team work and Leadership in ASU</i>		
Beds, Trolleys or chairs	Strategies to the creation of a multidisciplinary Team in the ASU	ROOM 2	ROOM 3
Going green in AS	The young and the experienced Surgeon		
Financing strategies that promote AS	Competencies of the coordinator of the ASU		
10.00 - 11.00H - <i>AS for the diabetic patient</i>	10.00 - 11.00H - <i>Recent advances in Breast Surgery:</i>	Course: "Ultrasound guided Peripheral Nerve Blocks – the big 5(+) in Ambulatory Surgery"	FREE PAPER SESSION (Anesthesia)
Is diabetes directly related to poor surgical outcomes?	Radical mastectomy in AS		
Monitoring blood glucose throughout the AS circuit: the virtues of a good protocol	Options for Breast reconstruction after mastectomy in AS		
Management of diabetic patients in Ambulatory Surgery (BADS Guidelines)	Nursing the mastectomized patient		
<i>COFFEE BREAK</i>			
11.30 - 12.30H - <i>Old ideas vs new concepts</i>	11.30 - 12.45H - <i>Prophylaxis is the key to the best outcome:</i>	Course: "Ultrasound guided Peripheral Nerve Blocks – the big 5(+) in Ambulatory Surgery"	FREE PAPER SESSION (Anesthesia)
Emergency Ambulatory Surgery	Prophylaxis of Thromboembolic events: when and how?		
So much promised, so little delivered	Hypothermia: are AS patients at risk		
Does every patient need a care for 24 hours post discharge	New developments in PONV prophylaxis		
12.30 - 13.00H - "The drugs that fight the knife" - can we go "Opioid Free" in Anesthesia for AS?	Surgical site infection – no improvement in 50 years?		
<i>LUNCH</i>			
14.30 - 15.30H - <i>The elderly patient</i>	14.30 - 15.45H - <i>Patient Care After Discharge:</i>	Course: "Optimizing Desflurane anesthesia in ambulatory surgery"	FREE PAPER SESSION (Surgery)
Surgical outcomes are (not?) affected by age	Is the 24h Phone Call absolutely necessary? – Are there alternatives?		
Is elderly patient no longer a challenge?	New Strategies for severe pain control after Hip and Knee arthroplasty		
POCD and delirium: risk factors, anesthetic strategies and diagnosis. How big is the problem?	Strategies for patient follow-up in private practice – is there a difference?		
	Unexpected admissions after AS – are they preventable?		
15.30 - 16.30H - <i>Threats to AS or "a sign of the times" – safety comes first!</i>	15.45 - 17.00H - ROUND TABLE #19 -Perineal and anal procedures in AS	WORKSHOP: "Bedside Ultrasound evaluation of AS patients"	FREE PAPER SESSION (Surgery)
Sedation by non-anesthesiologists	Innovation in the treatment of anal fistulas		
Endoscopic surgical procedures by non-surgeons	Colo-rectal surgeries under local anesthesia are feasible and have good results		
Office-based surgery and reduced nursing ratios	Ultrasound-guided Peripheral nerve Blocks for perineal surgical procedures		
16.30 - 17.00H - SPEED DATING WITH THE EXPERTS	Importance of diet and clean dressings		
6 expert surgeons, anesthesiologists and nurses give opinions and counselling to those who previously make an appointment. Conversations can be shared with the audience by 1 moderator			
<i>COFFEE BREAK</i>			
17.30 - 18.30H - <i>My worst nightmares in AS</i>	17.30 - 18.30H - <i>Planning Strategies for Ambulatory Surgery Units (ASUs)</i>	WORKSHOP: "Bedside Ultrasound evaluation of AS patients"	FREE PAPER SESSION (Surgery)
Hemorrhage during laparoscopy – lesson from the UK	How to organize a big ASU		
Neck hematoma after thyroidectomy	Analysis of failed discharge after ambulatory surgery		
Hypertensive crisis	What should be taken into account when moving several ASU together at a New hospital?		
Acute anaphylaxis			

WEDNESDAY 29TH MAY

<u>AUDITORIUM</u>	<u>ROOM 1 - IBERIC SESSIONS</u>	<u>ROOM 2</u>
9.00 - 10.00H - Education and training in AS	9.00 - 10.00H - Estratégias pouco comuns em CA:	WORKSHOP
Pregraduate curriculum in Medicine	Tiroidectomia total em CA – como prevenir as principais complicações	
Recent developments in Paediatric Ambulatory Surgery in Mozambique - the impact of IAAS Teach the Teachers program	Indicações para bloqueios do neuroeixo em CA	
High Fidelity Simulation as a tool in AS team training	O doente que vive só também pode ser intervencionado em CA – Como e quando...	
10.00 - 11.00H - AS in the future	10.00 - 11.00H - Colecistectomia Laparoscópica em CA	
Can we have better drugs and monitors?	Exploração da Via Biliar em CA – como, quando, porquê?	
The role of technology in Surgery	O doente com Apneia do sono proposto para cirurgia laparoscópica	
At home Hospitalization... will this strategy work for AS complex patients?	Pernoita em CA (em que condições?)	
<i>COFFEE BREAK</i>		
11.30 - 12.30H - Guest Lectures: Tears and Laughs in ASUs		
The operating theatre - stage for retraumatisation of terror victims...		
It's Kids day in the AS Unit		
12.30 - 13.00H - Closing Ceremony And Welcome To Valencia 2020 And Bruges 2021		