

## MONDAY 27TH MAY

### AUDITORIUM

<b>8.30 - 9.00H - CONGRESS CHECK-IN</b>
<b>9.00 - 10.00H - Mobile Apps and new technologies can help patients and clinicians (advantages vs ethical issues)</b>
Nightmare to dreams: The timeline of technology
The power of a digital community of medical doctors
Follow-up of AS patients using WhatsApp
<b>10.00 - 11.00H - Ambulatory Surgery in the world</b>
Ambulatory Surgery in China before and after 2017
Africa and Latin America vs USA and Northern Europe (two sides of the same coin)
Portugal - 10 years after the CNADCA Report (The impact of Major National policies in the development of AS)
<b>COFFEE BREAK</b>
<b>11.30 - 12.30H - NICOLL LECTURE</b>
<b>12.30 - 13.00H - OPENING CEREMONY</b>

	<u>ROOM 1</u>	<u>ROOM 2</u>	<u>ROOM 3</u>
	<i>LUNCH</i>		
<b>14.30 - 15.30H - New insights on head and neck procedures</b>	<b>14.30 - 15.45H - Hernia Session – State of the art</b>	<b>14.30 - 17.00H WORKSHOP - “Advanced use of the LMA”</b>	<b>14.30 - 15.30H – Invited Country (India) Guest Lecture</b>
Video assisted thyroidectomy in AS	Recent advances in Inguinal hernia repair		Minimally invasive lumbar intervertebral discectomy performed as a day care procedure under spinal anaesthesia
ENT procedures in AS – are we pushing too far or can we go further ahead?	Ventral and incisional Hernias – what’s the best strategy for the management of postoperative pain?		Newer advances – drugs and techniques for regional anaesthesia in ambulatory surgery
Dealing with the predictable Difficult Airway in AS	Hiatus hernia repair – strategies for AS		Combining day surgery with Home care for improving patient care and to reduce re-admission rate
	Pediatric inguinal hernia repair		Surgical treatment of diabetic foot in AS
<b>15.30 - 16.00H - Deep neuromuscular block and safe reversal – the role of monitoring</b>	<b>15.45 - 17.00H - Innovation in the surgical treatment of Pelvic Floor disorders</b>		<b>FREE PAPER SESSION (Management &amp; Nursing)</b>
<b>16.00 - 17.00H - Recent advances in endoscopic surgery</b>	Minimally invasive surgery of rectal prolapse		
Laparoscopic hemicolectomy – is it feasible in the AS setting?	Recent advances in Robotic prostatic surgery		
Thoracoscopic procedures in AS - is one lung ventilation a major problem?	When postoperative pelvic pain becomes a problem		
Pediatric laparoscopic surgery in AS – the experienced scrub nurse is vital!			
<i>COFFEE BREAK</i>			
<b>17.30 - 18.30H - The obese patient in AS</b>	<b>17.30 - 18.30H - Locoregional anesthesia in AS</b>	<b>17.30 - 18.30H Symposium : Surgical Empowerment in the Ambulatory Setting</b>	<b>FREE PAPER SESSION (Management &amp; Nursing)</b>
No patient too large?	Thoracic Wall: Peripheral Nerve Blocks are safe and easy!		
Surgical strategies feasible in AS	PNB for children? Of course!		
New endoscopic strategies in AS	Block rooms and Nurses are crucial to a successful peripheral nerve block		
Patient education for obesity procedures: Role of nurses			

# TUESDAY 28TH MAY

## AUDITORIUM

## ROOM 1

<b>9.00 - 10.00H - <i>Organizational aspects important to local AS policies</i></b>	<b>09.00 - 10.00H - <i>Team work and Leadership in ASU</i></b>		
Beds, Trolleys or chairs	Strategies to the creation of a multidisciplinary Team in the ASU		
Going green in AS	The young and the experienced Surgeon		
Financing strategies that promote AS	Competencies of the coordinator of the ASU		
<b>10.00 - 11.00H - <i>AS for the diabetic patient</i></b>	<b>10.00 - 11.00H - <i>Recent advances in Breast Surgery:</i></b>	<b>Course: "US guided PNB – the big 5(+) in AS"</b>	<b>FREE PAPER SESSION (Anesthesia)</b>
Should we discontinue oral antidiabetic drugs before AS	Radical mastectomy in AS		
Is diabetes directly related to poor surgical outcomes?	Options for Breast reconstruction after mastectomy in AS		
Monitoring blood glucose throughout the AS circuit: the virtues of a good protocol	Nursing the mastectomized patient		
<i>COFFEE BREAK</i>			
<b>11.30 - 12.30H - <i>Old ideas vs new concepts</i></b>	<b>11.30 - 12.45H - <i>Prophylaxis is the key to the best outcome:</i></b>		
Emergency Ambulatory Surgery	Prophylaxis of Thromboembolic events: when and how?	<b>Course: "US guided PNB – the big 5(+) in AS"</b>	<b>FREE PAPER SESSION (Anesthesia)</b>
So much promised, so little delivered	Hypothermia: are AS patients at risk		
Does every patient need a care for 24 hours post discharge	New developments in PONV prophylaxis		
<b>12.30 - 13.00H - <i>"The drugs that fight the knife" - can we go "Opioid Free" in Anesthesia for AS?</i></b>	<b>12.30 - 13.00H - <i>"The drugs that fight the knife" - can we go "Opioid Free" in Anesthesia for AS?</i></b>		
	Surgical site infection – no improvement in 50 years?		
<i>LUNCH</i>			
<b>14.30 - 15.30H - <i>The elderly patient</i></b>	<b>14.30 - 15.45H - <i>Patient Care After Discharge:</i></b>		
Surgical outcomes are (not?) affected by age	Is the 24h Phone Call absolutely necessary? – Are there alternatives?	<b>WORKSHOP INDUSTRY</b>	<b>FREE PAPER SESSION (Surgery)</b>
Is elderly patient no longer a challenge?	New Strategies for severe pain control after Hip and Knee arthroplasty		
POCD and delirium: risk factors, anesthetic strategies and diagnosis. How big is the problem?	Strategies for patient follow-up in private practice – is there a difference?		
	Unexpected admissions after AS – are they preventable?		
<b>15.30 - 16.30H - <i>Threats to AS or "a sign of the times" – safety comes first!</i></b>	<b>15.45 - 17.00H - <i>ROUND TABLE #19 -Perineal and anal procedures in AS</i></b>		
Sedation by non-anesthesiologists	Inovation in the treatment of anal fistulas		
Endoscopic surgical procedures by non-surgeons	Colo-rectal surgeries under local anesthesia are feasible and have good results		
Office-based surgery and reduced nursing ratios	Ultrasound-guided Peripheral nerve Blocks for perineal surgical procedures		
<b>16.30 - 17.00H - <i>SPEED DATING WITH THE EXPERTS</i></b> 6 expert surgeons, anesthesiologists and nurses give opinions and counselling to those who previously make an appointment. Conversations can be shared with the audience by 1 moderator	<b>16.30 - 17.00H - <i>SPEED DATING WITH THE EXPERTS</i></b> 6 expert surgeons, anesthesiologists and nurses give opinions and counselling to those who previously make an appointment. Conversations can be shared with the audience by 1 moderator		
	Importance of diet and clean dressings		
<i>COFFEE BREAK</i>			
<b>17.30 - 18.30H - <i>My worst nightmares in AS</i></b>	<b>17.30 - 18.30H - <i>Planning Strategies for Ambulatory Surgery Units (ASUs)</i></b>		
Hemorrhage during laparoscopy – lesson from the UK	How to organize a big ASU	<b>WORKSHOP:</b> Ambulatory treatment of Benign Prostate HT	<b>FREE PAPER SESSION (Surgery)</b>
Neck heamatoma after thyroidectomy	Analysis of failed discharge after ambulatory surgery		
Hypertensive crisis	What should be taken into account when moving several ASU together at a New hospital?		
Acute anaphylaxis			

# WEDNESDAY 29TH MAY

## AUDITORIUM

<b>9.00 - 10.00H - Education and training in AS</b>
Pregraduate curriculum in Medicine
Recent developments in Paediatric Ambulatory Surgery in Mozambique - the impact of IAAS Teach the Teachers program
High Fidelity Simulation as a tool in AS team training
<b>10.00 - 11.00H - AS in the future</b>
Can we have better drugs and monitors?
The role of technology in Surgery
At home Hospitalization... will this strategy work for AS complex patients?
<i>COFFEE BREAK</i>
<b>11.30 - 12.30H - Guest Lectures: Tears and Laughs in ASUs</b>
The operating theatre - stage for retraumatisation of terror victims...
It's Kids day in the AS Unit
<b>12.30 - 13.00H - Closing Ceremony And Welcome To Valencia 2020 And Bruges 2021</b>

## ROOM 1 - IBERIC SESSIONS

<b>9.00 - 10.00H - Estratégias pouco comuns em CA:</b>
Tiroidectomia total em CA – como prevenir as principais complicações
Indicações para bloqueios do neuroeixo em CA
O doente que vive só também pode ser intervencionado em CA – Como e quando...
<b>10.00 - 11.00H - Colecistectomia Laparoscópica em CA</b>
Exploração da Via Biliar em CA – como, quando, porquê?
O doente com Apneia do sono proposto para cirurgia laparoscópica
Pernoita em CA (em que condições?)